

# -SAVOURY-



All our Crêpes contain eggs and flour (wheat or buckwheat) and are made with butter. Savoury Crêpes are normally made with pepper and sweet crêpes with sugar.

# Les Champignons à l'ail

- MUSHROOMS IN GARLIC -

#### Mushrooms in Garlic Cheese (v)

All oozing with garlicky cheese. Made with mushrooms & garlic and sprinkled with parsley and pepper 8.50

#### Mushroom Garlic Cheese with Ham too

As the Mushroom Garlic Cheese but with slices of ham added on 9.00

#### Mushroom Garlic Cream (v)

With a cream and butter sauce with garlic, parsley and pepper (no cheese)

8.40

# Les Champignons à l'Éstragon

- MUSHROOMS IN TARRAGON -

#### Mushroom Tarragon Cheese (v)

Mushrooms in a sauce of melted cheese perfumed with Tarragon and finished with a little pepper. Would you like a little garlic in it too?

8.50

#### Mushroom Tarragon Cheese and Ham

As above but with Ham too 9.00

#### Mushroom Tarragon Cream (v)

Mushrooms in a Tarragon sauce of butter and cream. You can have it with a little garlic too if you like 8.40

# Les Épinards

- SPINACH -

#### Spinach Garlic Cheese and Cream (v)

Made With Spinach Leaves in melted garlicky cheese and splashed with cream 8.50

#### Spinach and Cheese (v)

A simpler combination - but still very popular 8.40

#### Spinach Garlic cheese and Ham

The Garlicky Spinach goes well with Ham too 9.00

42 Years in Hampstead

## Les Asperges au poivre

- ASPARAGUS IN PEPPER -

#### Asparagus and Cheese (v)

Asparagus Spears in peppered cheese 9.00

#### Asparagus Cheese and Ham

Asparagus Spears in peppered cheese with Ham too 9.50

#### Asparagus and Cream (v)

Asparagus in a sauce of peppered butter and cream 8.90

#### Les Ratatouilles

#### Ratatouille and Cheese (v)

Just as it sounds - a great combination! 8.50

#### Ratatouille Ham and Cheese

Even more filling than the one above 9.00

#### Tandoori Mix

Ratatouille & Cheese goes really well with Tandoori as does the one with ham too. We recommend a sprinkling of Tandoori on Ratatouille Crêpes.

0.50 extra

#### Slimmers' Galette (v)

Sarrazin and Ratatouille (available without butter, and no cheese) Absolutely delicious and nothing like the calories of the others

9.00

9.50

Try it also with ham

### Jambon & Fromage

- HAM AND CHEESE -

#### Ham and Cheeese

Still one of the most popular. Made with ham shoulder, cheese and a little pepper 8.00

#### Crêpe Complète

Highly recommended. Ham and Cheese Crêpe with an egg broken over the ham. The nearest thing the French will ever get to an English breakfast! Hard or soft egg?

8.50

#### Galette Complète

Just as the Crêpe Complete above but made with the dark nutty sarrazin flour. This one really works well with the crispy buckwheat pastry 9.10

## Thon et Maïs

- TUNA AND SWEETCORN -

With a little cheese and pepper and a touch of cream 9.00

ALLERGIES Because of our confined space, we cannot guarantee that any crêpe is completely free of any of the ingredients you see here. Small particles of any of the above ingredients may be left on the plate. All crepes are made with flour and eggs and there is some milk in the milk chocolate. Peanuts, almonds, walnuts and hazelnuts may be around somewhere, even in tiny quantities. Therefore, if you have an allergy, we cannot guarantee that your crêpe is completely free of any ingredient. However, you are welcome to watch as your crêpe is made and use your own discretion.

